

THE GLENDON ASSOCIATION



Innovative Approach to **Treating Depression**

with Lisa Firestone, Ph.D.











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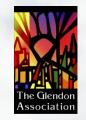
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Part One: Facts About Depression





FACTS ABOUT DEPRESSION



- An estimated 1 in 10 U.S. adults report depression .(CDC)
- Major depression affects approximately 15 million American adults or about 8 percent of the U.S. population age 18 and older in a given year. (PBS)



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